

For Immediate Release

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P R E S S R E L E A S E

Beatrice Bailey to Host Book Signing

Beatrice Bailey, author of *Farewell, My Friend*, will hold a book signing on Saturday, May 17th. Dozens of attendees are expected to fill the Family Life Center at St. Paul Baptist Church in Sacramento's Oak Park area. Guests will have the chance to get an up-close look at the writer of the book that has already taken Sacramento County by storm. Light refreshments will be served throughout the event, which will take place from 12:00-2:00pm.

Farewell, My Friend is a step-by-step guide for coping with the day-to-day struggles of caring for a terminally ill loved one. The book, which is equal parts informative and humorous, also serves as a road map for how one can start picking up the pieces after that loved one has passed. In addition, *Farewell, My Friend* has also provided comfort and direction for persons who are themselves terminally ill.

Carla Preyer, owner of the Inner Beauty Salon in Rancho Cordova, knows first hand the value of the book. "*Farewell, My Friend* brought an immeasurable amount of peace into my life," said Ms. Preyer, who cared for her dying cousin and tended to his personal affairs. "Beatrice Bailey opens the door for a conversation about a situation that most people, unfortunately, will one day have to face."

Beatrice Bailey knows intimately the pain of coping with the loss of a loved one. Her husband, Richard Bailey, Sr., passed away in June 2006, after suffering from lung cancer for nearly two years. From the day of his diagnosis, Ms. Bailey spent her time gathering as much information as possible about her husband's illness and conferred with his physicians about the best approach to his treatment.

One thing that became clear to Ms. Bailey early on, however, was the lack of available information about how to handle some of the smaller but still-important concerns of caring for a dying loved one. These areas included practical issues such as dealing with

the loved one's legal issues with the DMV or IRS; establishing boundaries and a schedule for visitors; setting up a sick room for the patient, and more.

“By the time my husband died, I was armed with a mountain of useful information,” says Ms. Bailey. “But I didn't start out that way. Through trial and error I found the most useful tools and resources for navigating myself through this seemingly never-ending journey. I promised myself that once I was able to, I would gather all the information I'd collected and share this knowledge with others.”

The event will begin with a speech by Ms. Bailey, followed by a thirty minute Q&A session. The book signing will then take place, giving attendees the opportunity to spend one-on-one time with the author.

Beatrice Bailey resides in Citrus Heights and enjoys spending time with her grown children and grandchildren. For more information about the book signing or to purchase a copy of *Farewell, My Friend*, call (916) 745-3454.

***Farewell, My Friend* Book Signing**

Date: Saturday, May 17th

Time: 12:00-2:00pm

Locale: St. Paul Baptist Church

3996 14th Avenue; Sacramento, CA 95820

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