

*South Coast Medical Center*

 **Adventist Health**

*Mental Health Services*

*Center for Behavioral Health*

**(949) 499-7501**

[www.SouthCoastMedCenter.com](http://www.SouthCoastMedCenter.com)

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 **Adventist Health**

31872 Coast Highway  
Laguna Beach, CA 92651

South Coast Medical Center  
Center for Behavioral Health  
Inpatient and Outpatient Services

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or

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When life is too much to handle and mental health is failing, the staff of the Behavioral Medicine Department at South Coast Medical Center can help. Mental illness can be situational and/or be caused by chemical imbalances and may require medication, medication adjustments and therapy. For professional diagnosis and treatment, the psychiatric program offers adults comprehensive services, which are complemented by the support and backing of a full-service hospital.

Inpatient, partial hospitalization and half-day treatment programs are offered. Each is based on a “therapeutic community” philosophy, where patients actively engage in treatment under the guidance of doctors, therapists and nurses. Our average length of stay is less than a week and although life issues cannot be relieved during this short period of time, figuring out what is causing the imbalance can be identified and an action plan may be formed from these findings.

For individuals who need an intensive level of care and a safe treatment environment to achieve a higher level of functioning, the Psychiatric Program offers inpatient treatment.

The inpatient treatment consists of:

- Comprehensive medical, psychological and psychiatric evaluation
- Multi-disciplinary treatment planning, which is individualized to address goals and objectives toward rapid stabilization and return to the community
- Individual, group, family, and activities therapy
- Dual diagnosis treatment (psychiatric plus alcohol and/or drug issues)
- Stress and anger management

The partial hospitalization program is available for those who need a therapeutic structure but do not need 24-hour care.

Components of the partial hospitalization program are:

- General Psychiatry
- Eating Disorder
- Dual Diagnosis

All of the above offer full-day programs or intensive half-day programs.

Most major health plans will cover the cost of treatment because the Psychiatric Program is a Joint Commission accredited, community, not-for-profit hospital. The Psychiatric Program will be happy to confirm the extent of individual health plan coverage prior to admission. For more information, treatment alternatives or referral information, call the Psychiatric Program at (949) 499-7501 or email us with your questions at [www.SouthCoastMedCenter.com](http://www.SouthCoastMedCenter.com).

The Psychiatric Program at South Coast Medical Center has been a leader in providing mental health programs for 35 years. Help is available 24 hours a day, 7 days a week.

We are nestled in a little canyon on Pacific Coast Highway in Laguna Beach. We may be out of sight but we're not that far out of the way. Life can be good again (or perhaps for the first time)!